
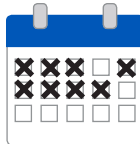




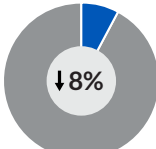
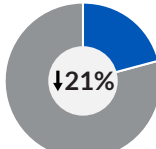
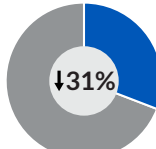



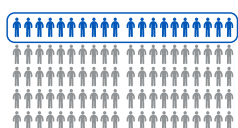

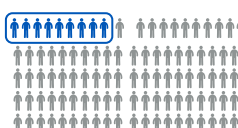



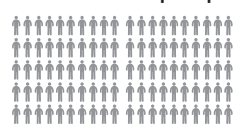




Which Asthma Medication(s) Should Your Patient Take to Best Manage Mild Asthma? A Conversation Aid (for patients 12 and over)

Your 3 Medication Options:	1. As-Needed Short-Acting Reliever	2. As-Needed Budesonide-Formoterol Combination (200/6 µg)	3. Daily Inhaled Steroid (With As-Needed Reliever)
	Reliever only	Controller + Reliever (in a single inhaler)	Controller + Reliever (as 2 separate inhalers)
How do these 3 asthma medication options compare when it comes to:			
A. How often people need their rescue medication:	Half of the days 	Half of the days 	A quarter of the days 
B. How much inhaled steroid will enter a person's body over a year:	≈0 inhalers (≈0 doses) 	≈1 inhaler (200 doses) 	≈2.7 inhalers (540 doses)* 
C. How much the swelling in the airways will decrease over a year:	 ↓8%	 ↓21%	 ↓31%
D. How much of the time a person's asthma symptoms are under good control:	 30% of the year	 35% of the year	 45% of the year
E. How many people will have a severe asthma flare-up over a year (e.g. prednisone/ER visit/hospitalization):	20 out of 100 people 	7 out of 100 people 	9 out of 100 people 
F. How much these medications could cost (without coverage) over a year:	 \$40	 \$215	 \$280
G. How many people will have a hoarse voice over a year:	0 out of 100 people 	2 out of 100 people 	3 out of 100 people 
Your Patient's Preferred Option:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*Based on 68% real-world adherence to a BID regimen

This tool and a detailed patient decision aid are available at: www.asthmadecisionaid.com
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